

## Get a flu shot

This year, risk less and do more of what you love by getting your flu shot. Vaccines are a safe way to protect yourself against the flu. It's important for front-line workers like you to keep yourself and others safe.

Take the time to talk to patients about flu shots.

## People 65 and older can get a trivalent vaccine for the 2024-2025 flu season

Getting a trivalent flu vaccine can protect you against three different flu viruses. Medicare Part B (Medical Insurance) covers one flu shot per flu season.

It's safe to get your RSV, COVID-19, and flu shot at the same time.

## To prevent the flu:

- · Wash your hands often.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you're sick.
- Clean and disinfect surfaces you touch often.

When more people get the flu shot, more people are protected from the flu. Your health and the health of the people you serve is important.

