



# Your Right to Get Information About Returning to the Community

## Who's available to help?

Use the space below to write important phone numbers and notes.

### Local Contact Agency:

The staff at your nursing home will call them, but you can also call them yourself.

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### Nursing home social worker/ discharge planner:

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### Your local ombudsman (resident advocate):

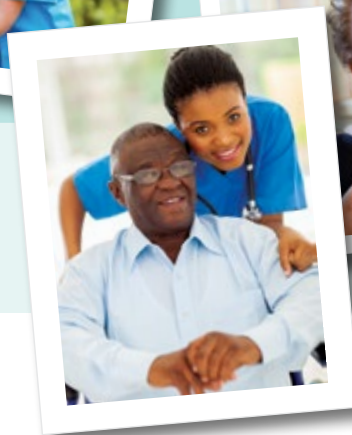
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You have the right to get Medicare information in an accessible format, like large print, Braille, or audio. You also have the right to file a complaint if you feel you've been discriminated against. Visit [Medicare.gov/about-us/accessibility-nondiscrimination-notice](https://www.medicare.gov/about-us/accessibility-nondiscrimination-notice), or call 1-800-MEDICARE (1-800-633-4227) for more information. TTY users can call 1-877-486-2048.



**Y**ou have the right to learn if you can leave your nursing home to live in your home, an apartment, or another appropriate setting. If you return to your community, it's important that you're still able to get the care and services you need.



### **How can I get information about returning to my community?**

The staff at your nursing home will ask you about your care, and if you want to talk to someone about the possibility of returning to your community.

### **What will happen next?**

If you say you want to talk to someone, the staff at your nursing home will call a local agency for community living (or "Local Contact Agency"). The Local Contact Agency will then call or visit you to talk about the services and support you need. They'll look into:

- Your housing options and services to modify your home
- Available services, like help with your personal care
- Programs that may help pay for these services, like Medicare, Medicaid, or any other insurance you may have

If the services and support you need are available in your community, you'll decide if you want to start planning to leave your nursing home.

### **What if I change my mind and don't want to leave my nursing home?**

You can change your mind about leaving your nursing home at any time.

### **What if the Local Contact Agency doesn't think I should leave my nursing home?**

Talking to someone doesn't guarantee that you'll be able to move back to your community. A lot will depend on the care and services you need, and what's available in your community. But, don't worry—your nursing home staff will ask if you want to talk to someone regularly, since your needs may change over time. Visit [Medicare.gov](https://www.Medicare.gov) for more information on nursing homes and services that may be available in your community.

